

The NORTHWEST AIRLIFTER

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McChord Air Force Base, Wash.

Connecting Team McChord with the Combat Airlift Mission

November 21, 2008

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Upcoming exercise impacts entire base

By
Tyler Hemstreet
Staff writer

Long lines and long waits will likely be commonplace at McChord the entire first week of December due to an anti-terrorism exercise.

Other than personnel reporting for duty, base officials are strongly urging people with routine, non-emergency business to postpone their errands until the exercise concludes.

Heightened security measures will be in affect at the gates, certain buildings will be closed and there will be several traffic control points set up throughout the base, said Maj. Jason Morrison, 62nd Airlift Wing chief of exercise and evaluations.

"Those days are not going to be good days to come on base," Major Morrison said. "The exercise involves the entire base and people will likely encounter many inconveniences if they come on McChord."

A portion of the 62nd Force Support Squadron service providers throughout the customer service mall will be participating in and responding to the exercise, said Maj. Todd Ladd, 62nd FSS.

"Wait times could be impacted throughout the exercise," he said. "We're just asking that people be patient."

Customer service in the mall area could also be affected because it serves as a shelter-in-place area during exercises for most of the offices within Building 100.

The exercise is an annual requirement for all wings, Major Morrison said.



Photo by Abner Guzman

Holiday helpers

Airman 1st Class James Elston, left, and Airman 1st Class Tommy Carrillo, 62nd Civil Engineer Squadron, hang lights Nov. 13 in preparation for McChord's annual Christmas tree lighting ceremony on the grounds of the Chapel Support Center. The lighting begins at 4:30 p.m. Dec. 1 at Bldg. 746. Following the festive event, the chapel staff will host a Deployed Families Dinner at 6 p.m., also in Bldg. 746. The dinner will feature a Christmas theme and all families with deployed or deploying members are encouraged to attend. For more information contact the chapel staff at 982-5556.

TACC commander discusses mission, manning during visit

By
Tyler Hemstreet
Staff writer

Commands Air Force-wide have felt personnel constraints at every level, and the operations center responsible for centralized command and control of Air Force and commercial contract air mobility is no different.

But officials at the 618th Tanker Airlift Control Center are finding creative ways to overcome those constraints, Maj. Gen. Mark Solo, 618th TACC commander, said during a recent visit here.

Position vacancies, Air Mobility Command mission taskings, the need for more efficient use of fuel

and the joint basing plan here were just a few of the subjects General Solo touched on during his two-day visit.

Some Air Force units are experiencing a shortage of rated officers in stateside billets because their skills are required to execute the Global War on Terror, and the 618th TACC has felt the strain, General Solo said.

"I get these vacancies as pilots and navigators move on to go back to flying or for other valid Air Force requirements; and in most cases I'm not getting a back fill for them," he said. "So I have to do some creative things to fill those billets that require flying experience."

That includes bringing in skilled Airmen from the enlisted ranks.

"We can use flight engineers, load-

masters and boom operators that have flight experience to come into the TACC and fill those vacancies," General Solo said. "And they're doing a fantastic job of it."

The general also touched on how the need for global airlift is at an all-time high, adding that AMC missions touched 170 countries this year.

"Over the last three months we have averaged more than 900 planned sorties a day from the TACC," he said. "When you plan that many sorties a day, that represents a mobility Air Force weapons system taking off somewhere in the world every 90 seconds."

Working with the 18th Air Force, U.S. Transportation Command and Air Mobility Command forces, the

TACC uses its mission data to determine who is best postured and able to accomplish a mission, whether humanitarian or in support of the Global War on Terror.

"There is a lot of coordination that goes on," General Solo said. "Our phone number is known far and wide. When something like a (Hurricane) Gustav or Ike happens, we may get a call directly from a state emergency action center or FEMA because they've dealt with us before."

The 618th TACC has supported many humanitarian relief efforts around the globe. In fact, in August the Center supported the delivery of humanitarian assistance to individ-

— See COMMANDER, Page 13

Weekend Weather

FRIDAY	SATURDAY	SUNDAY
Hi: 50 Low: 36	Hi: 52 Low: 37	Hi: 54 Low: 35

Forecast generated at 7 a.m. Thursday
Courtesy of the 62nd Operations Support Squadron

Countdown to success

Nuclear Surety Inspection	48	days
Rodeo	241	days
Operational Readiness Inspection	339	days

Don't miss it ...

Family Day

Nov. 28 is an Air Mobility Command Family Day.



Airman's Roll Call: Keeping families strong

Editor's note: Airman's Roll Call is an Air Force leadership tool designed for supervisors at all levels to help keep Airmen informed on current issues, clear up confusion, dispel rumors and provide additional face-to-face communication between supervisors and their teams.

Those who sit on the other side of the dining room table from us, our Air Force families, are an essential element of our Air Force and we owe

them a great debt of gratitude. We all know being part of a military family isn't easy.

From frequent moves and unpredictable duty schedules, to missed birthdays, anniversaries and holidays, we ask a lot of our families. Their willingness to stand strong in the face of these demands is vital to our success and inspires us to achieve greater things - to go the extra mile. November is National Military Family Month, a time we

set aside to honor our spouses, children, and parents for providing the rock-solid foundation on which our great Air Force has stood for more than six decades. Serving our nation takes desire, dedication and determination.

We see these qualities every day in our Airmen and their families. Our families then go above and beyond and provide inspiration, comfort and support. We should all take the time to recognize our fami-

ly's selfless sacrifice and offer our heartfelt thanks.

- Be there for your family. Take extra time to attend your son or daughter's sporting event, school play or parent and teacher night.
- Get home on time when you can and enjoy some family fun time.
- Contact your parents and let them know how you are doing.
- Be there for your family because they have been there for you.

Mentor our Airmen for a bright, focused future

By

Chief Master Sgt. Alvin Thomas
62nd Airlift Wing Director of Staff
superintendent

The United States Air Force, like many other large organizations, faces multiple organizational constraints and is striving to strengthen operational performance despite all our challenges and missions.

Just as the family is generally seen as the cornerstone of a functional society, the relationship between a supervisor, manager, or leader and his or her direct subordinates should be look upon as our Air Force family. One responsibility often overlooked in today's fast-paced environment is the need to mentor our Airmen so they are successful in their military careers and beyond.

Some may say or believe however, mentoring is too time-consuming. Let's all remember that the work gets done only if the workers do it. For the workers to do it right and want to do it with excellence, they have to be trained, encouraged, and rewarded for their work by mentors and leaders.

Air Force Instruction 36-3401, Air Force Mentoring, formalizes how senior leaders think we should mentor our people and provides a pathway for assisting their professional development. Webster's dictionary defines a mentor as a "wise and trusted teacher." Whether you know it or not, you are a "trusted teacher" to someone. In fact, we mentor others all the time without even realizing it.

I have always felt that mentorship is not a program, it's a responsibility. Since the inception of our Air Force in September 1947, people have

helped others become successful through constructive mentorship.

Mentoring is necessary to ensure those who eventually assume leadership roles have the skills needed to successfully complete the mission.

There is no formal training program to teach our folks where they fit into the big picture of the mission to fly, fight and win. We don't hand Airmen a book that teaches them how to manage their careers or how to deal with situations in their duty sections.

So, be a mentor to your folks — read the AFI, set an example with your own behavior and pass along your experiences whenever you have the opportunity.

Your people will be better Airmen and better citizens because you set them on the right path. The Air Force and this nation will reap the benefits for an entire generation.

The Sharp Airman ...

Understands and applies guidance on the proper handling of Privacy Act Data

Tips for Avoiding Privacy Breaches:

- Take privacy protection seriously

- Report to your supervisor or other management official when you see personal data left unattended

- Know the Privacy Act requirements. Refer to the following governing publications for additional guidance: AFI 33-332, Privacy Act Program, which implements DoDD 5400.11, DoD Privacy Program; and DoD 5400.11-R, DoD Privacy Program

- Remember: Privacy Information: If you collect it ... You must protect it!

Professionals of the week

62nd Maintenance Operations Squadron

Tech. Sgt. James Nally

Duty title:
Quality assurance inspector

Duty section:
Quality assurance

Hometown:
McKinleyville, Calif.



Why he's tops:

Sergeant Nally is a critical member of the quality assurance team. A propulsion craftsman by trade, Sergeant Nally brings a wealth of knowledge and experience to the office and continually strives to spread his expertise whenever and wherever possible. Moreover, Sergeant Nally is the 62nd Airlift Wing Foreign Object Damage monitor where he's responsible for ensuring timely investigation and reporting of FOD incidents. Recently, Sergeant Nally envisioned and developed a personal FOD bag. He distributed 15 prototypes to members of the 62nd Maintenance Group collecting three pounds of foreign objects in 30 days.

Airman 1st Class Himroz Sidhu

Duty title:
C-17 Globemaster III maintenance analyst

Duty section:
Analysis

Hometown:
San Antonio, Texas



Why she's super:

Airman Sidhu is a vital member of the maintenance analysis team. She is responsible for monitoring, collecting and auditing statistical information for McChord's assigned C-17 aircraft. In addition, she is one of three database managers for the integrated maintenance data system supporting 11 active duty, National Guard and Reserve units in the Pacific Northwest. As a member of the McChord Base Honor Guard, Airman Sidhu is a positive role model to her peers and the community. During her 10-month tenure, she has performed 16 color guards and 90 funeral ceremonies.

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New program for household goods moves rolls out

SCOTT AIR FORCE BASE, Ill. (AFNS) — Officials from U.S. Transportation Command here and the Army's Military Surface Distribution and Deployment Command announced that Phase II of the Defense Personal Property System is now in operation.

DPS is the automated, end-to-end management system for movement of household goods for members of the armed services and Department of Defense civilians.

The system automates much of the process of pre-move counseling, scheduling, tracking, invoicing and

claims-filing for household goods shipments.

Phase II initiates DPS operations at 18 personal property shipping offices designated in conjunction with their service headquarters. The locations include:

- Puget Sound, Wash.
- Spangdahlem Air Force Base, Germany
- Chelmsford, Mass.
- San Antonio
- Colorado Springs, Colo.
- Grafenwohr, Germany
- Camp Zama, Japan
- White Sands Missile Range, N.M.

- Fort Leavenworth, Kan.
 - Fort Sill, Okla.
 - Fort Belvoir, Va.
 - Fort Bragg, N.C.
 - Miami
 - Alameda, Calif.
 - Kodiak, Alaska (start delayed until early December)
 - Camp Lejeune, N.C.
 - Naples, Italy
 - San Diego
- Deployment of the DPS to personal property shipping offices worldwide is scheduled for early 2009. DPS was designed by SRA International Inc., a leading provider

of technology and strategic consulting services and solutions to government organizations and commercial clients.

"We have been working together with SRA to develop and deploy a system that will make life easier for our servicemembers when they are relocated," said Army Lt. Col. William Carberry, the TRANSCOM joint program manager for DPS. "It's all about improving quality of life."

The DPS system will replace the aging Transportation Operational Personal Property Standard System legacy system.



Government travel cards transition with new contract

The Defense Department's current Government Travel Charge Card contract with Bank of America is ending soon and all government travel cardholders have been sent new GTCCs from Citi®, the new SmartPay® 2 vendor. Individuals who have not received a new travel card should contact their program coordinator immediately.

The new GTCCs will be ready for use on Nov. 30, after the current cards issued by Bank of America expire at 11:59 p.m. Eastern Standard Time on Nov. 29. Individuals need to immediately verify receipt of the new travel card to ensure it will be able to be used on Nov. 30. As part of the receipt verification process, individuals will be asked to accept the Cardholder Agreement Terms and Conditions. Individuals must agree to the terms and conditions in order to use the new travel card.

Traveling during the cutover:

Individuals traveling during the cutover (Nov. 29-30) should charge all official travel expenses up to, and including, Nov. 29, on their current Bank of America GTCC. Travel expenses incurred from 12 a.m. EST on Nov. 30 should be charged to the new Citi GTCC.

Transition checklist for cardholders:

- Cardholders will need to pay all outstanding, undisputed charges on their Bank of America GTCC before Nov. 29.
- No credit balances can remain on the current Bank of America GTCC after Nov. 29. If your Bank of America GTCC has a credit balance, call the phone number on the back of the card to request that it be sent to you.
- After the cutover, Bank of America will continue to accept and receive payments for charges previously made on its cards.

What to expect:

Since the new card will also be VISA branded, cardholders will have the same worldwide charging privileges they currently have. Charge limits will remain the same and program coordinators will have the authority to raise limits to meet mission requirements. *(Information provided by the Defense Travel Management Office)*

Operation: New DoD Travel Card Issued by Citi®



STOP

November 29, 2008



START

November 30, 2008

Caution.

Your current Government Travel Charge Card expires on November 29, 2008.

Please contact your Agency Program Coordinator if you did not receive your new card.



The Department of Defense
Office of the Under Secretary of Defense (Personnel and Readiness)
The Defense Travel Management Office
www.defensetravel.dod.mil

NEW CARD
READY FOR USE

Sunday
November 2008

30



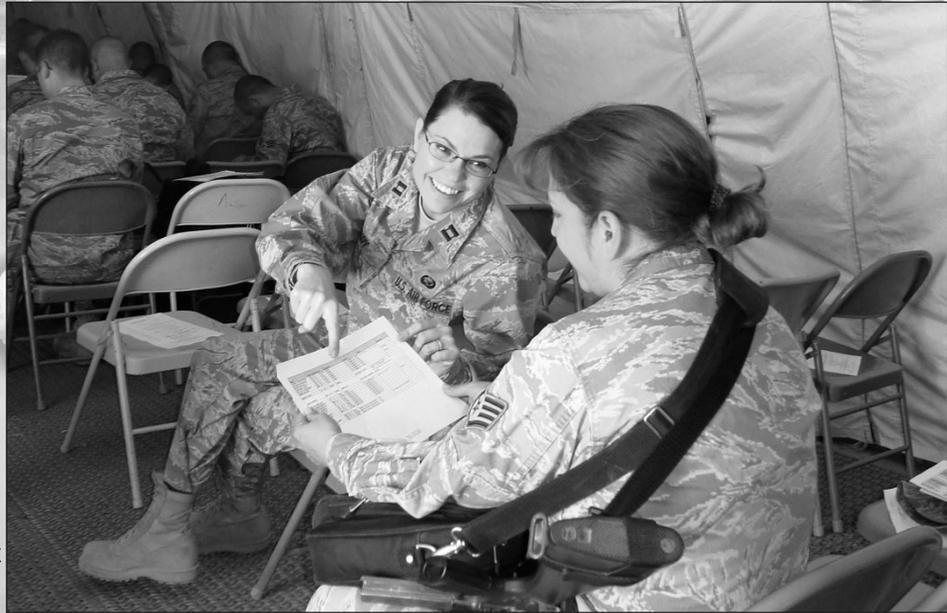
McChord Airmen

AROUND THE WORLD



Courtesy photo

AFGHANISTAN – Senior Airman Lani Kleback, 62nd Force Support Squadron, pauses for a photo during a recent deployment.



Courtesy photo

AFGHANISTAN – Capt. Julie Rudy, 62nd Force Support Squadron, discusses operations while working in the Personnel Support for Contingency Operations tent during a recent deployment.



62nd SFS offers crime prevention tips

By
Tyler Hemstreet
 Staff writer

An outbreak of recent incidents involving reports of stolen property has 62nd Security Forces Squadron officials asking people to secure their property when leaving it unattended.

That pertains to items left unattended in dormitory rooms and parked cars at the base exchange or any other high-traffic areas, said Tech. Sgt. Michael Coleman, 62nd SFS reports and analysis section.

"If more people took just a few extra moments to properly secure their stuff, they would easily prevent the majority of most thefts on base," Sergeant Coleman said.

Recently \$100 was stolen from the center console of a vehicle which

was left unlocked at the base exchange. Another thief stole an unsecured bag from the bed of a pickup truck. Other incidents include Airmen leaving their dorm room doors open or unlocked and someone slipping in and stealing a computer or iPod.

"If (the thief) can get in and out with speed, then it decreases the risk that they will get caught," Sergeant Coleman said. "Why make it easier for them? It's all about opportunity."

While residents of base housing may feel safe enough to leave their front doors and cars unlocked because they live on a military installation, Sergeant Coleman advises locking everything anyways.

"(A car prowler) could easily become more than a nuisance if you leave your wallet on the dashboard of your

unlocked car, or that brand new ATV under the overhang with the keys in the ignition," he said. "It only takes a few minutes to lock your doors, whether it's your car or the backyard storage closet."

Although there is a claims mechanism for those living in housing through the Air Force, it is not intended to replace private insurance, said Capt. Mikal Nuhn, 62nd Airlift Wing assistant staff judge advocate.

"Payments through the Air Force claim center would require proof of ownership records and record of timely reporting to the police," Captain Nuhn said. "Also, the reimbursement process may be slower than filing through an insurance company."

Negligence on the part of the victim — such as not locking doors —

can also defeat a claim, he said.

Claims can be filed electronically with the field service center through their Web site at <https://claims.jag.af.mil/legalassistance/index.php>.

62nd SFS emergency numbers

911 — Call 911 if a crime is in progress and there are lives in danger. A local operator will route 911 calls made on base to the 62nd SFS law enforcement desk.

982-5624 — This number is used to report a crime to 62nd SFS after it has occurred and there is no immediate emergency. The law enforcement desk will then dispatch an officer to the location to file a report.

982-2777 — This is the Crime Stop line where callers can leave anonymous tips about any criminal activity.

**Do you have a story idea? Spread the news in *The NW Airlifter!*
 Call Public Affairs at 982-5637 or e-mail us at northwestairlifter@mcchord.af.mil**



DoD creates site in tribute to those wounded in combat

By

Navy Lt. Jennifer Cragg
American Forces
Press Service

WASHINGTON (AFNS) - Defense Department officials have created the "Wounded Warrior Diaries," a multimedia Web tribute in which American servicemembers wounded in combat share stories of their service, including their hard-won battles on the road to recovery and the ups and downs of life in the wake of injury.

The Wounded Warrior Diaries, launched Wednesday feature videos of servicemembers relaying their stories in their own words. The videos are accompanied by a written account of their experiences. The site kicked off with four diaries, and a new diary will be added each month.

"The diaries are intended to be sources of strength, encouragement and reassurance for other wounded troops and their families," said Navy Lt. Cmdr. Brook DeWalt, DOD's director of new media. "They illustrate the ultimate triumph over injury — returning to full and active lives through hard work and the support of loved ones, the community and the military family."

In addition, the process of creating the diaries is meant to be therapeutic for the servicemembers, Commander DeWalt said, noting that in some cases, their spouses and children take part in the interviews.

"Finally," he added, "the diaries are created to honor the service, sacrifice, courage and determination of all who voluntarily serve in harm's way."

The launch of the Wounded Warrior Diaries in November is part of DOD's Warrior Care Month.



Photo by Abner Guzman

Arts in fact

McChord Airmen look at Puyallup Tribe information and artifacts during a display and demonstration at the McChord Clubs and Community Center Tuesday. The event was part of McChord's National American Indian Heritage Month events which also includes a book display at the base library.



Cope arrest FSS hopes for perfect season

By
Tyler Hemstreet
Staff writer

Leaning on a stout defense that powered them through the entire regular season, the No. 2-seeded 62nd Security Forces Squadron intramural football team shutout the top-seeded 62nd Force Support Squadron, 7-0, Wednesday at Rainier Field to earn a spot in tonight's championship game at 5:30 p.m.

SFS (14-2) will play either WADS, COMM or FSS in the title game at Rainier Field. The team coming from the loser's bracket will have to beat SFS twice.

In a classic semifinal finish, SFS' Patrick Wessells picked off a pass in the end zone from FSS quarterback Nicholas Brooks to secure the victory and end FSS' perfect season.

"Defense wins championships and we have a very good one," said SFS coach Clayton Greenwell, whose team forced three turnovers in the semifinal win.

SFS' lone score in the game came on a touchdown reception by Sean Hooper.

Wednesday's win provided some payback for SFS after suffering a 14-6 loss to FSS (15-1) during the regular season.

"They were undefeated ... it was better for us to come in and play as the underdog," Greenwell said.

SFS has benefitted this year from having everyone home, despite being a squadron with one of the highest deployment rates.

"It's nice. For once we have a lot of our star players home," he said.

And those stars have really stepped up, banding together on defense. SFS lost just twice during the regular season and allowed more than 20 points just once.



Photo by Abner Guzman

Nicholas Brooks, left, and Michael Steimer, 62nd Force Support Squadron, play defense during a 12-0 first round playoff win against the 62nd Aircraft Maintenance Squadron Monday night at Rainier Field. The FSS 15-game winning streak was snapped Wednesday night in the semifinals as the 62nd Security Forces Squadron eked out a 7-0 win to advance to tonight's championship game.

"Everyone has just been playing their position and pulling flags," said defensive captain Shawn Canole.

While the SFS squad felt a weight was lifted off their shoulders in knocking out the favorite in FSS and handing them their only loss of the season, SFS players know there is still work to be done.

"The pressure is off us now and has shifted to

FSS to see if they can get back to the championship game," Canole said.

Although the semifinal win was nice, SFS is staying humble entering the title game.

"We're not going to let (the extra confidence) get to us," Canole said. "We have to keep doing what we've been doing. Our offense will put enough points on the board and we're going to lock things down on defense."



Chapel hosts holiday prayer

By

Chaplain (Maj.) Mike Husefelt
62nd Airlift Wing
chapel

In observance of the National Day of Thanksgiving on Thursday, the chapel support center encourages everyone to carve out time over the long holiday weekend to pause and reflect on the many reasons to be thankful and to pray for God's continued blessings upon our nation.

To support prayer and reflection time, the auditorium in the chapel support cen-

ter will be available from 11:30 a.m. to 12 p.m. Tuesday for private observance and from 12 to 12:30 p.m. Tuesday, an Ecumenical Prayer service will be conducted. Following the service, the auditorium will again be available for private prayer and reflection until 1:30 p.m. Chaplains will be available during the entire period for anyone wishing pastoral assistance.

On behalf of the 62nd Airlift Wing chapel staff, Happy Thanksgiving. May God bless and keep everyone safe over the busy Thanksgiving holiday weekend. Contact the chapel support staff with questions at 982-5556.

McChord Thrift Shop temporary closure

The McChord Thrift Shop is closed for business until Jan. 2.

Checks will be mailed to customers at the address provided on their contracts. Existing contracts will be adjusted accordingly to reflect the full eight weeks of entitled consignment.

For more information contact Mrs. Gwen Hershman at (253)686-4823.



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New law authorizes veterans' salutes during Anthem

WASHINGTON — Veterans and active-duty military not in uniform can now render the military-style hand salute during the playing of the national anthem, thanks to changes in federal law that took effect this month.

“The military salute is a unique gesture of respect that marks those who have served in our nation’s armed forces,” said Secretary of Veterans Affairs Dr. James B. Peake. “This provision

allows the application of that honor in all events involving our nation’s flag.”

The new provision improves upon a little known change in federal law last year that authorized veterans to render the military-style hand salute during the raising, lowering or passing of the flag, but it did not address salutes during the national anthem. Last year’s provision also applied to members of the armed forces

while not in uniform.

Traditionally, members of the nation’s veterans service organizations have rendered the hand-salute during the national anthem and at events involving the national flag while wearing their organization’s official headgear.

The most recent change, authorizing hand-salutes during the national anthem by veterans and out-of-uniform military personnel,

was sponsored by Sen. Jim Inhofe of Oklahoma, an Army veteran. It was included in the Defense Authorization Act of 2009, which President Bush signed Oct. 14.

The earlier provision authorizing hand-salutes for veterans and out-of-uniform military personnel during the raising, lowering or passing of the flag, was contained in the National Defense Authorization Act of 2008, which took effect January 28, 2008.



From COMMANDER, Page 1 —

uals displaced by recent fighting in the Republic of Georgia. Air Force mobility Airmen delivered more than 587 tons of needed supplies, including Humanitarian Daily Rations, cots, blankets, generators, medical supplies and more. For Hurricane Gustav, the 618th TACC coordinated the movement of 8,074 evacuees, nearly 573 patients and nearly 506

tons of equipment.

And while the cost of executing those missions has changed along with the price of jet fuel, General Solo said the 618th TACC is doing its part in teaming with the 18th Air Force and its Air Force Smart Operations for the 21st Century group to try to establish and set policy to work smarter when it comes to managing the mobility fleet.

“We are a contributor to those

efforts because we’re charged with receiving the requirement, planning, tasking and then executing the missions, so we have a big piece,” he said. “We’re doing our best to try and see where we can become more efficient.”

As for the ongoing work toward establishing the air mobility facet of Joint Base Lewis McChord, General Solo said he is confident the plan the Army and Air Force are developing

will allow a seamless transformation into a joint installation.

“We still have a mobility mission that we’ve got to be able to launch and recover from McChord, 24/7, 366 during leap year,” he said. “The Airmen at McChord are vital to our operations, and I have no doubt they will continue to play a large role in our mobility mission during the transformation, and once those efforts are complete.”

When working with classified information, keep security in mind at all times! Use approved OPSEC, EMSEC, COMPUSEC and Info Protect facilities and equipment only!



Officials offer safe holiday cooking tips

By

Staff Sgt. Melanie Pitts
62nd Medical Squadron

As we edge closer to Thanksgiving Day, finding the perfect turkey becomes a priority. Thanksgiving is an American tradition. The turkey has been the main centerpiece of all Thanksgiving feasts since 1621. Before diving into that delicious, golden, plump turkey, follow these food safety tips:

Fresh or Frozen

If purchasing a fresh turkey follow these guidelines:

- How many people are being served? There should be one pound of turkey for each person.
- Buy your turkey one to two days prior to cooking.
- Keep turkey refrigerated until cooked. All chilled items must be maintained at a temperature of 41 degrees Fahrenheit or below.
- When storing, place turkey in a pan to catch any juices that may leak.
- Remember to store your turkey on the bottom shelf of the refrigerator.

If purchasing a frozen turkey follow these guidelines:

- How many people are being served? There should be one pound of turkey for each person.
- Keep turkey frozen until you

are ready to thaw.

Pre-stuffed turkeys

Never purchase a fresh, pre-stuffed turkey. If this type of turkey is handled incorrectly, the chance of a food borne illness is likely.

Frozen pre-stuffed turkey: only buy United States Department of Agriculture or state mark inspection stamp on the package.

Thawing

There are three approved ways to safely thaw your turkey: refrigerator, cold water and microwave.

- Refrigerator – allow 24 hours for every four to five pounds.
- Cold water – allow 30 minutes per pound.
- Microwave oven – read owner's manual for the cooking time (minutes per pound), remove outside wrapping and do not refreeze or refrigerate after thawing (cook immediately).

Roasting

- Set your oven to 325 degrees Fahrenheit.
- Place turkey on rack or in roasting pan.
- Cook to an internal temperature of 165 degrees Fahrenheit.
- Cooking times for turkey:

UNSTUFFED

Pounds	Cooking time (hours)
4 to 8	1 ½ to 3 ¼
8 to 12	2 ¾ to 3
12 to 14	3 to 3 ¾
14 to 18	3 ¾ to 4 ¼
18 to 20	4 ¼ to 4 ½
20 to 24	4 ½ to 5

STUFFED

Pounds	Cooking time (hours)
6 to 8	2 ½ to 3 ½
8 to 12	3 to 3 ½
12 to 14	3 ½ to 4
14 to 18	4 to 4 ¼
18 to 20	4 ¼ to 4 ¾
20 to 24	4 ¾ to 5 ¼

Leftovers

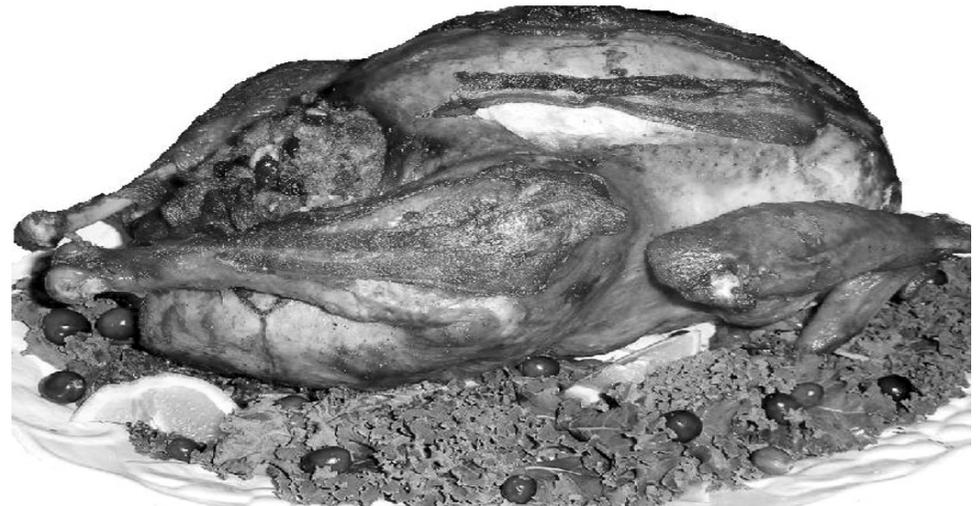
Throw away any turkey and stuffing left out at room temperature for longer than two hours.

- Storing – cut turkey into smaller portions – no thicker than four inches – cover and refrigerate – use within three to four days.
- Freezing – use within two to six months.

Reheating

- Oven – set oven temperature to 325 degrees Fahrenheit. Reheat until turkey's internal temperature to 165 degrees Fahrenheit.
- Microwave – cook until turkey reaches an internal temperature of 165 degrees Fahrenheit.

For more information, call the public health office at 982-3717.



McChord Energy Club

The McChord Energy Club meeting is 4:45 p.m. Nov. 25, Dec. 11 and Dec. 23 in the Wing conference room, Bldg. 100. All are welcome to attend. For more information, e-mail energy.club@mcchord.af.mil.

Law enforcement desk relocating

The 62nd Security Forces Squadron relocated the Law Enforcement desk this week to Bldg. 1305 during renovation of Bldg. 7. Phone numbers will remain the same. For assistance call 982-5625 or 982-5624. For emergencies call 911 or the crime stop line at 982-5777.

New hours at McChord Clinic

The McChord Clinic doors open at 7:20 a.m. instead of 7 a.m. The change is for safety reasons to ensure there are an adequate number of staff members present to assist patients. Pharmacy windows will continue to open up for patients at 7:30 a.m. and close at 5 p.m.

MPF customer service hours

Customer service hours for all mil-

itary personnel flight services have changed. The new hours are 9 a.m. to 4:30 p.m. weekdays. Services are available 7:30 to 9 a.m. for appointments and emergencies only.

Customer service new hours

Customer service hours for passports and in-processing have changed. Passports are from 9 a.m. to 3:30 p.m. for walk-ins and 3:30 to 4 p.m. for appointments and emergencies only. In-processing is now 9 a.m. to noon for walk-ins and 7:30 to 9 a.m. and 1 to 4 p.m. for appointments and emergencies only. Hours for all other services remain the same.

Virtual out-processing applications

The virtual out-processing application available online through the virtual military personnel flight is mandatory for active duty members at each installation. Due to manning losses, the military personnel flight no longer provides this face-to-face service. Appointments for final out-processing, retirements and separations remain available. This month, assignment notification letters will be sent directly to the member and not through MPF.



**McChord Chaplain Corps
Faith & Worship Programs**

For more information on Chapel services and programs, please call 982-5556. To contact Duty Chaplain after duty hours, contact the Command Post at 982-2635

Catholic Services and RELIGIOUS EDUCATION:

All Catholic services are in chapel two.

SATURDAY:

4 p.m. Confession: Chapel 2, Bldg. 181

5 p.m. Mass: Chapel 2, Bldg. 181

SUNDAY:

9:30 a.m. Mass: Chapel 2, Bldg. 181,

11 a.m. Mass: Chapel 2, Bldg. 181

12:30 p.m. Why Catholic? Small Group Study: Chapel

Support Center, Bldg. 746

MONDAY:

12:00 p.m. Why Catholic? Small Group Study: Chapel

Support Center, Bldg. 746

WEDNESDAY:

6:30 p.m. Faith Formation: 1st, 2nd & 3rd Wednesday

of the month: Chapel Support Center, Bldg. 746,

6:30 p.m. Why Catholic? Small Group Study: Chapel

Support Center, Bldg. 746

FRIDAY:

4 p.m. Confession: Chapel 2, Bldg. 181

5 p.m. Mass: Chapel 2, Bldg. 181

9:30 a.m. Mass: Chapel 2, Bldg. 181

11 a.m. Mass: Chapel 2, Bldg. 181

2:30 p.m. Why Catholic? Small Group Study: Chapel

Support Center, Bldg. 746,

11:30 a.m. Mass: Chapel 2, Bldg. 181

12:00 p.m. Why Catholic? Small Group Study: Chapel

Support Center, Bldg. 746

11:30 a.m. Mass: Chapel 2, Bldg. 181

6:30 p.m. Faith Formation: 1st, 2nd & 3rd Wednesday

of the month: Chapel Support Center, Bldg. 746

6:30 p.m. Why Catholic? Small Group Study: Chapel

Support Center, Bldg. 746

11:30 a.m. Mass: Chapel 2, Bldg. 181

PROTESTANT SERVICES and RELIGIOUS EDUCATION:

SUNDAY:

8:30 a.m. Liturgical Worship: Chapel 1, Bldg. 180

9:45 a.m. Sunday School: Chapel Support Center, Bldg. 746,

11 a.m. Traditional Worship: Chapel 1, Bldg. 180

11 a.m. Contemporary Worship: Chapel Support Center, Bldg. 746

JEWISH SERVICES:

FRIDAY: 6 p.m. Every 1st, 3rd & 5th Friday of the month: Ft Lewis, Chapel 5, Bldg. T-2270

OTHER PROGRAMS:

The following Chapel programs take place at the Chapel Support Center, Bldg. 746.

TUESDAY:

9:30 a.m. Mothers of Preschoolers (MOPS); 2nd & 4th Tuesday of the month

6 p.m. Mothers of Preschoolers (MOPS) Bible Study; 1st, 3rd & 5th Tuesday of the month

WEDNESDAY:

11 a.m. Adult Bible Study

9:30 a.m. Mothers of Preschoolers (MOPS); 2nd & 4th Tuesday of the month

6 p.m. Mothers of Preschoolers (MOPS) Bible Study; 1st, 3rd & 5th Tuesday of the month

11 a.m. Adult Bible Study

9 a.m. Women's Bible Study

